

## Starters

### Antipasti Platter for 2

a selection of Cured Meats, Breads, Olives & Homous 8.95

Prawn Cocktail & Marie Rose Sauce 5.95

### Smoked Mackerel Paté

with pickled cucumber & toast 7.50

French Onion Soup with a crouton & fresh bread 5.95

Thai Fish Cakes with our sweet chilli dip 6.25

Moules Mariniere with garlic bread 8.50

Crispy Chilli Chicken GF 6.25

Butterfly King Prawns with a garlic or sweet chilli 9.25

Loaded Potato Skins with bacon and cheddar 5.95

Citrus Chicken Kebab with herb couscous 6.75

### Homemade Cured Salmon

with dill, creme fraiche & toast 7.75

Crispy Fried Calamari with aioli sauce 6.25

Nachos Sharing Platter with salsa, sour cream 6.95

& guacamole With Chilli 1.75

## MEAT FREE STARTER

Crispy Mushrooms with garlic dip 5.95

Deep Fried Brie with a port & cranberry dip 5.95

Falafel with tzatziki sauce VE 6.25

### Grilled Haloumi

pomegranate, Honey & Lime Dressing 6.50

Nachos Sharing Platter with salsa, sour cream 6.95

& guacamole Add Chilli con Vegetables 1.75

Butternut Squash Soup VE 5.50

with fresh bread (Gluten Free Bread on request)

Bread Basket Selection balsamic vinegar & olive oil VE 3.25

### Allergy Advice

For information about allergens, including cereals containing gluten, please ask a member of staff.

We produce food in a kitchen where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.

A 10% service charge will be added to the bill of parties of 6 or more.

All prices include VAT at current rates. All our products may contain nuts or nut derivatives. All fish and meat may contain bones.

All items are subject to availability.

## Main Course

unless otherwise stated, meals are served with Potatoes of the Day, Seasonal Vegetables or Salad

### Specialties

Roasted Pork Belly with brandy & apple sauce 12.95

Beef Stroganoff with rice 17.95

Lamb Rum in a red wine & rosemary sauce 16.95

Crispy Pork Stir fry with rice or noodles 13.95

### Chicken Gorgonzola

in a rich creamy gorgonzola sauce 13.95

Chicken Valdostana with ham, tomato & cheddar 14.95

Honey Roasted ½ Duck with an orange sauce 18.95

Beef Wellington with a rich red wine sauce 25.95

Steak Dianne Sirloin steak in a creamy

mushroom & mustard sauce 19.95

Kleftico shank of lamb 17.95

Mixed Paella 17.50

Chicken stuffed with Brie wrapped in Parma Ham 14.50

## Meat Free

Mexican Bean Salad VE GF 10.95

Sweet Potato, Chickpea & Spinach Curry 12.50

Served with Rice VE GF

Stuffed & Roasted Courgette 10.95

With Red Pesto & Pine Nuts VE GF

Chilli Con Vegetables With Rice & Salsa VE GF 10.95

Aubergine Bake VE GF 10.95

Bean, Oat & Vegetable Burger 10.50

Or Falafel Burger Served with Chips & Relish VE

Mushroom, Spinach & Ricotta Wellington 12.95

Served with roast red pepper couli and potatoes of the day

Meat Free Risotto (vegan on request) 11.95

with roasted butternut squash, sage & almonds

Covent Garden Bake 10.95

Mushroom Stroganoff with rice 11.95

## House Salads

Chicken Caesar Salad 11.95

Warm Salmon Salad 12.95

'Oriental' King Prawn & Bacon Salad 13.95

Chicken & Bacon Salad 11.95

## FROM THE SEA

Homemade Fisherman's Pie 12.95

Chicken Neptune

filled with scampi & Prawns with a citrus jus 15.95

Moules Mariniere with garlic bread 15.50

Butterfly King Prawns in garlic or sweet chilli sauce 18.95

Crab & Chilli Linguine (with pasta) 14.50

Scallops & Prawn Thermidor 16.50

Seafood Risotto 18.95

Scallops & Bacon cooked in a Garlic Sauce 16.50

The following are served with your choice of sauce: Lime & Caper,

Béarnaise, Prawn and mushroom or plain with lemon

Escalope of Salmon 14.50

Whole Atlantic Seabass 17.95

Seafood Mixed Grill 19.95

## OLD FAVOURITES

CRAB & ANCHOR BEEF OR CHICKEN BURGER 10.50

All served with Chips, Garnish, Coleslaw & Relish

Cheddar, Stilton, Bacon or Brie Per Topping 1.00

Homemade Steak and Ale Pie 12.50

Lasagne al forno with garlic bread 10.50

Breaded Scampi Tails & Chips with tartare sauce 12.95

Home Battered Haddock & Chips with tartare sauce 12.50

## FROM THE GRILL

SIRLOIN STEAK 19.95

Fillet Steak 23.95

Chicken Supreme & Bacon 13.50

The above are all served with your choice of sauce: brandy &

peppercorn, wholegrain mustard & mushrooms, Madeira

or grilled tomato, mushrooms and onion rings

Lamb's Liver & Bacon with onion gravy 12.95

Grilled Lamb chops with a mint & redcurrant jus 14.95

## SPICE UP YOUR LIFE

Chicken Fajitas	13.95
Cajun Style Chicken	12.95
Thai Green Chicken Curry	
served with rice & naan bread	13.50
Full Rack of BBQ Ribs with chips	17.50
Spicy Cajun Chicken Pasta with garlic bread	12.95
Thai Style Honey and Ginger Chicken	
With noodles	12.95
Chicken Katsu Curry	
served with rice & naan bread	13.50
Chinese Style Chicken & Prawn Stir Fry	12.95
CHILDREN'S MEAL	
4.75	
Battered Chicken Nuggets	
Sausages with chips or mash and gravy	
Fish Fingers	
Beef Burger	
Lasagne al Forno with garlic bread	
Spaghetti Bolognese	
SUNDAY ROAST EVERY SUNDAY LUNCHTIME	
Served with all the trimmings	
Roast Beef	12.95
Roast Chicken	12.95
Honey Roast Gammon	12.95
Roast Pork	12.95
Roast Lamb	14.95
SIDE DISHES	
Garlic Bread	3.25
with cheese	3.95
Onion Rings	3.25
Sweet Potato Chips	3.95
Chips	3.25
Chips and Cheese	3.95
Sauté Potatoes	3.75
Sauté Mushrooms	3.75
Mixed Olives	3.75
Side Salad	3.75

## LUNCH SNACKS 12PM - 4PM MON - SAT

MEALS TO SUIT A LIGHTER LUNCHTIME APPETITE

Ham, Egg and Chips	5.95
Chicken & Leek Pie served with mash & peas	5.95
Chilli Con Carne served with rice & nachos	5.95
Cottage Pie served with chips	5.95
Home Battered Fish & Chips with tartare sauce	5.95
Chicken Caesar Salad	5.95
Spaghetti Bolognese	5.95

## SANDWICHES

YOUR CHOICE OF WHITE OR WHOLEMEAL BREAD

SERVED WITH CRISPS

Crab & Anchor Club Sandwich	5.95
Toasted Steak & Onion Sandwich	5.95
Tuna Mayonnaise	4.95
BBQ Pulled Pork	4.95
Coronation Chicken	4.95

## PANINI

SERVED WITH CRISPS

Bacon, Brie & Cranberry	5.95
Brie & Cranberry	5.95
BBQ Pulled Pork & Cheddar	5.95

## WRAPS

SERVED WITH CRISPS

Chicken Caesar	5.95
BBQ Pulled Pork	5.95
Cajun Chicken	5.95
Duck & Hoisin	5.95

## BAQUETTES

SERVED WITH CRISPS

Steak & Onion	5.95
Tuna Mayonnaise	4.95
BBQ Pulled Pork	4.95
Coronation Chicken	4.95

# The Crab and Anchor

Welcome to the Crab and Anchor.

We have a large selection of fresh food complimented by our wide variety of drinks.

We are open all day for food and drink.

As our food is freshly cooked, sometimes we may run out of some dishes.

I'm sure you will agree that we have plenty of alternative choices!!

Please choose from the menus below :

A la carte	all day
Vegetarian	all day
Kiddies menu	all day
Dine before dusk	5pm to 7pm
Lunch snacks	12pm - 4pm Monday - Saturday
Sunday roast	12pm to 4pm Every Sunday

Our staff are here to make your visit enjoyable. If you have any requests or comments just ask.